



Paul Bernabei, Director
paul@top20training.com

FOLLOWING OUR NORTH STAR: THE MOTIVATIONAL POWER OF PURPOSE

"The two most important days in your life are the day you are born and the day you find out why." Mark Twain

True Purpose comes with Potential

Purpose: What is my **purpose** as an educational leader? What is my professional mission?
What is the most important thing I want to achieve?

I _____ so that _____
A B C

Getting Knocked Off Purpose

HITS: From the Outside

1. What Hits that make your job difficult or drive you crazy?
2. When these Hits happen, what feelings get activated?
3. When these feelings arise, what actions (reactions) do you take?
4. What usually results after you take these actions?

SABOTEURS: From the Inside

1. *Positive Intelligence*: Shirzad Chamine
2. **Saboteurs**: automatic and habitual mind patterns that convince us through their lies that they are working for us and not against us.

___ Judge	___ Pleaser	___ Victim	___ Hyper-Vigilant	___ Controller
___ Stickler	___ Hyper-Achiever	___ Restless	___ Hyper-Rational	___ Avoider

How does your Saboteur present itself? What does your Saboteur say?

Purpose Keepers: What can you do to lock in to your purpose, stay on purpose and maintain alignment?

1. Practice the Pause: From Above the Line: Hit Comes → Pause (Insert Purpose/Value) → Respond
From Below the Line: Hit Comes → React

If you put a pause between the Hit and the Action,
which of your core values would you insert?

2. Fix it in my seat before I take it to the Street.

3. Identify a peer partner.
Who might your peer partner be?

4. Have a physical object as a reminder.
What physical object might you use?

5. Using a purpose chant with my students or staff.
What might that chant be?

6. Reflection: Making a Conscious Choice

A. What challenge or hit am I likely to experience?

B. What can I do to prepare myself in order to respond from purpose or value?

Top 20s Practice Kaizen: Continual Improvement

What are my take-aways from today's session?

Top 20 Curriculum: Top 20 K-6 Smart Board or Power Point Curriculum
Top 20 TLC -- Grades 3-6 Curriculum
Top 20 Teens -- Grades 7-12 Curriculum

Top 20 Books:

Top 20 Teens: The Best-kept Thinking, Learning and Communicating Secrets of Successful Teenagers
Top 20 Teachers: The Revolution in American Education
Top 20 Parents: Raising Happy, Responsible and Emotionally Healthy Children
Why Students Disengage in American Schools and What We Can Do about It
Rebalanced Thinking, Rebalanced Living: Developing Your Inner Life through Social-Emotional Learning

For information on Becoming a Top 20 School,
contact Paul Bernabei, Director of Top 20 Training, at paul@top20training.com or 651-470-3827.
To order Top 20 books or materials, go to www.top20training.com.